

Summer Term 2024
Friday 11th October



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www.highweekprimary.co.uk



www.facebook.com/highweekprimaryschool



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Dear parents/carers,

Harvest

Thank you to everyone who supported the Harvest celebration at the church yesterday. I was so impressed with the way the children projected their voices when speaking as well as the fantastic singing. We look forward to year 3 and 4 who will be performing to the school on Monday morning. Well done year 3 and 4!

Black History Month

October is Black History month. To celebrate diversity and other cultures, we have purchased a number of new library books for the children to explore.

Further information on Black History month can be found here:

<https://www.blackhistorymonth.org.uk/>



Mental health awareness day

World Mental Health Day is celebrated annually on October 10 to raise awareness of mental health issues and to encourage action in support of mental health. The day provides an opportunity for people working on mental health to discuss their work and what more can be done to improve mental health care. For further information, see below:

<https://www.mentalhealth.org.uk/our-work/public-engagement/world-mental-health-day#:~:text=So%2C%20on%20World%20Mental%20Health,every%20year%20on%2010%20October>.

Staff training

This week all staff attended training led by Jamie Stocks, teacher of the deaf. We were reminded of the importance of seating arrangements, noise levels and visuals in the classroom, not just for those who are hard of hearing, but for all our learners. Please come and talk to us if you would like to find out more.

Behaviour

The majority of our pupils are extremely well behaved and respectful to our whole school community. However, a small minority may sometimes display unacceptable behaviours. When these occur, parents are always informed. This may result in internal suspension (not being allowed in class or with other children at break times), temporary suspension from school and in the most extreme cases, permanent exclusion.

Parents Evening

Parents' evening takes place the last week of this half term. Please do make sure you have made an appointment to talk with your child's teacher.

Parking

We appreciate that there is limited parking outside the school. However, please park considerately and safely. Please do not park on pavements, on the roundabout or outside our neighbours' drives.

As always, if you have any concerns or you would like to come and talk to me about any school issues, please do not hesitate to see me on the gate in the mornings or arrange an appointment through the school office.

Ms Claire Redwood

COOKING CLUB

Last week at cooking club, our pupils got a taste of Italy by making homemade pizzas. The children designed their own pizza boxes and recipe cards, ensuring that each pizza had its own unique name. The school was filled with the delightful aromas of fresh herbs and mozzarella. I think we have some budding Gordon Ramseys in the making!



This week cooking club had a fun and adventurous session! Coronation Cauliflower is a unique choice, blending flavours from Indian cuisine. It's great that the children were open to trying it, even if they were hesitant at first. Cooking from scratch is a valuable skill to develop and it's wonderful they got hands-on experience preparing all the ingredients. You can imagine their surprise when they found out how delicious it was!

Next week's focus is on baking sausage rolls, and I'm sure the children will enjoy making (and eating) them! Sausage rolls are always a crowd-pleaser, and baking them will give the children a chance to practise skills like handling dough and shaping pastries. It's exciting to see the variety of dishes they're tackling!

GRANDPARENTS LUNCH INVITATION

We are excited to invite you to join your grandchild for a special School Dinner!

Please see the details below based on your grandchild's year group:

Year 1 & 2:

Date: Wednesday, 13th November. **Please order by:** Wednesday, 6th November

Year 3 & 4:

Date: Wednesday, 20th November. **Please order by:** Wednesday, 13th November

Year 5 & 6:

Date: Monday, 25th November. **Please order by:** Monday, 18th November

Cost: £2.65 per person

Please order this lunch at the school office with the correct payment in cash.

We look forward to seeing you!

RUGBY



Last week, in a specially planned lesson designed to introduce children to rugby, the children were eager to learn. Mrs Brown began with fun warm-up games that emphasised teamwork and communication, fostering a sense of togetherness. Then the children went into small groups and practised essential skills like passing, catching, and running with the ball, all while engaging in playful challenges. The children felt included and empowered. By the end, many grasped the basics of rugby as well as also developing a new appreciation for the sport.



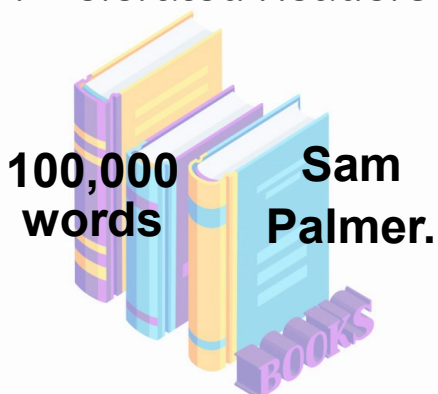
AFTER SCHOOL CLUBS

We still have availability in many of our after school clubs for after the October half term. If you would like to enrol your child in a club, please let the school office know.

If you would like to register your child for KS2 Football on a Thursday, please follow this link.

<https://saints-southwest.classforkids.io/info/1641>

**Well done to our
Accelerated Readers**



DESIGN A



CARD

Our local MP Martin Wrigley has invited all local school pupils to design a Christmas card. He will then use the winning design for his Christmas card this year. Runners up will receive book tokens.

Here are the competition details:

- *All designs must be on A4 paper (although the winning design will be reduced in size and printed on A6.)
- *Everything fun, creative and vibrant is encouraged. (avoid glitter, glue, cotton wool and other stick on items, these don't reproduce well once we send the design to print.)
- *Please write your full name, school year and age on the back of the designs.
- *Please note, name, age, year group and school will be shown on the winning card, so please do not enter if you do not want this information to be on the card.
- *All designs to be returned to the school office by no later than Monday 14th October so that we are able to post your entries before the closing date of Sunday 20th October.

Ways to Wellbeing

w/c 8th Oct 2024



World Mental Health Day

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This Thursday is World Mental Health Day! That means EVERYONE should be celebrating the importance of mental health – both for you and the people around you!

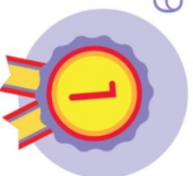
It's the perfect time to think about how you can look after your wellbeing & celebrate your bravery and everything you do!

000 9. Be proud of your very being

What are you PROUD of yourself for? You can probably think of lots of things you are proud of friends/family for, but what about YOU?

- Could you...
- Make a certificate or medal for yourself
 - Make a mind-map or list
 - Repeat some positive phrases about yourself or make them into a song – eg. "I am brave" or "I am a good artist"

Be proud of your very being



If you need support for your mental health, please speak to a trusted adult at school or at home.
Call 111 and select option 2 for mental health, in an emergency, call 999.

AUTUMN CLEVER DAY

Tuesday 19th November

HOT DOG

OR

VEGGIE HOT DOG (V)

ALL SERVED WITH

FRIES & CORN ON THE COB

LEMON CAKE OR FRESH FRUIT

ROCKETS

The usual choices of baguettes, jacket potatoes & hot pasta bar will still be available.



SCAN ME FOR ALLERGENS

At Cleverchicks we take food allergies and intolerances very seriously. We have a full breakdown of the 14 allergens on our primary school menu link on our website www.cleverchicks.co.uk

WHISKED by Cleverchicks

